

Food provider and delivery



HOW TO ORDER:

- Come to info reception
- Pick the food you would like to eat that day
- Order food from person at info reception until **12:00 h**
- Pay in advance!
- Take your food between **18:30 h** and **20:00 h**

ENJOY YOUR MEAL!



DRILL & CHILL MENU Price List

SANDWICH

- Chicken sandwich**2.50
Whole-wheat pastry, chicken fillet, "edamer" cheese, green salad, tomato, cucumber, flaxseed, pumpkin seed, sesame
- Steak**.....3.00
Whole-wheat pastry, rump steak, green salad, tomato, cucumber, "grana padano" parmesan cheese
- Classic ham**.....2.00
Whole-wheat pastry, "pik" ham delicates, "edamer" cheese, green salad, tomato, cucumber
- Have you tried this?**.....2.50
Whole-wheat pastry, turkey ham, "edamer" cheese, green salad, tomato, cucumber
- For cheese lovers**.....3.00
Whole-wheat pastry, gorgonzola, "mozzarella" cheese, "edamer" cheese, cream cheese, green salad, tomato, ground almonds and hazelnuts, flaxseed, pumpkin seed, sesame
- Vegetarian sandwich**.....2.00
Whole-wheat pastry, tofu cheese, grilled vegetables, green salad, flaxseed, pumpkin seed, sesame
- Tuna sandwich**.....2.50
Whole-wheat pastry, tuna, green salad, tomato, sweet corn, olives, olive oil
- Salmon sandwich**.....4.50
Whole-wheat pastry, salmon, green salad, tomato
- Healthy sandwich**.....3.80
Whole-wheat pastry, salmon, egg white, cottage cheese, green salad, tomato, flaxseed, pumpkin seed, sesame
- Smoked trout (fish)**.....3.50
Whole-wheat pastry, Smoked trout, green salad, tomato
- Mozzarella sandwich**.....2.00
Whole-wheat pastry, "mozzarella" cheese, green salad, tomato, pesto
- Turkey fillet**.....3.50
Whole-wheat pastry, turkey fillet, "edamer" cheese, green salad, tomato, cucumber
- Sandwich turkey fillet, mozzarella, rucola**4.00
Whole-wheat pastry, turkey fillet, tomato, "mozzarella" cheese

- Sandwich with mozzarella and grilled vegetables**.....2.00
Whole-wheat pastry, "mozzarella" cheese, grilled vegetables, green salad, tomato, flaxseed, sesame
- *Note All sandwiches can be made with corn pastry**

SALADS

- Chicken salad**.....4.50
Chicken fillet, tomato, cucumber, green salad, chicory, sweet corn, flaxseed, sesame
- Energy salad**.....4.00
Ramp steak, toast, tomato, green salad, chicory, rucola, "grana padano" parmesan cheese
- Rio mare salad**.....4.00
Grated tuna, olives, beans, sweet corn, green salad, tomato, chicory, rucola
- Greek salad**.....2.00
Feta cheese, cucumber, tomato, paprika, olives, basil
- This morning from garden**.....2.50
Chicory, green salad, rucola, tomato, cucumber, sweet corn, carrot
- Caprese**.....3.50
"mozzarella" cheese, tomato, pesto, basil
- Turkey salad**.....4.50
Turkey fillet, green salad, rucola, chicory, tomato, "grana padano" parmesan cheese
- Tuna salad**.....3.50
Grated tuna, green salad, pickled cucumber, sweet corn, red paprika, olives, olive oil

- Smoked trout (fish)**.....4.00
Smoked trout, rucola, chicory, green salad, tomato
- Salmon**.....7.50
Salmon, rucola, chicory, green salad, tomato
- Beans and tuna salad**.....3.00
Red beans, white beans, tuna, sweet corn, red paprika, yellow paprika, olive oil
- Chickpea salad**.....4.00
Chickpeas, red paprika, yellow paprika, olives, cherry tomato, corn

PASTA

- Pasta with cooked chicken**.....4.00
Cooked chicken, pasta tricolore, peas, sweet corn, red paprika, ground almonds and hazelnuts, firm yogurt
- Buckwheat pasta with tuna**.....4.00
Tuna, buckwheat pasta, red paprika, pickled cucumbers, sweet corn, olive oil
- Buckwheat pasta with minced turkey fillet**.....4.00
Turkey fillet, buckwheat pasta, mushrooms, carrot, firm yogurt
- Buckwheat pasta with minced turkey fillet and grilled vegetables**.....4.5
Turkey fillet, grilled vegetables, buckwheat pasta, "grana padano" parmesan cheese
- Pumpkin pasta with fresh salad mix**.....3.00
Pumpkin pasta, mixed fresh salad, corn, pumpkin seeds, tomato, pumpkin oil
- Pumpkin pasta with grilled vegetables**.....3.00
Pumpkin pasta, grilled vegetables, pumpkin seeds, pumpkin oil

RISOTTO

- Risotto with chicken and curry**.....4.00
Cooked chicken, rice, red paprika, peas, sweet corn, curry
- Risotto with vegetable**.....3.20
Rice, grilled vegetables (carrot, celery, red and yellow paprika, zucchini), peas, soya sauce
- Risotto with cooked chicken and broccoli**.....4.00
Cooked chicken, rice, broccoli, cherry tomato, pumpkin oil

- BURGERS (side dish: mix of green salads, rice, grilled vegetables and hummus)**
- Beet burger**.....4.00
Cereal, beet, ground pumpkin seeds, soya sauce, potato
- Natur burger**.....4.00
Minced soya, cereal, soy flour, curcuma, spices
- Green burger**.....4.00
Savoy, potato, onion, garlic, bread crumbs, cereal, spices

HOT MEALS

- Buckwheat polenta with cottage cheese and yogurt**.....3.00
Buckwheat and corn flour, cottage cheese, yogurt

- Cream potage - potage of the day**.....2.50
Potage with vegetables without flour, blended vegetables
- Grilled vegetables, seeds, soya sauce-feta cheese**.....3.50
Carrot, paprika, zucchini, mushrooms, flaxseed, pumpkin seeds, sesame, soya sauce
- Grilled vegetables Julien**
Flexseed, pumpkin seeds, sesame, carrot, paprika, zucchini, mushrooms, soya sauce with Turkey fillet..... 4.50
Or Chicken4.00
- Royal pie**.....2.50
Corn flour, minced soya, curcuma, paprika, cauliflower, savoy

SPORTS MENU

- (Make your own combination) 100gr**
- Tuna.....2.00
Chicken (grilled).....1.50
Turkey (grilled).....2.00
Ramp steak.....2.00
Trout.....2.50
Salmon.....5.00
Feta.....1.00
Mozzarella.....1.70
- Side dish 100g**
- Mix grilled vegetables (zucchini, paprika, carrot, celery).....1.50
Rice.....0.80
Mix green salad.....0.80
Rucola 50gr.....1.50

DESSERTS

- Wheat**.....1.60
Cooked wheat, oat, barley, honey, cranberry, ground walnuts
- Mousse with seasonal fruits**.....2.00
Whipped cream, honey, mascarpone cheese, seasonal fruits
- Panna Cotta with Whey Protein**.....2.50
Milk, whey protein, cocoa grains, panna cotta
- Muffins**.....1.00
Flour, eggs, sugar, cocoa, milk, yogurt, water
- Sweet pie**.....2.50
Baked apples, dates, walnuts, cranberries, curcuma, Whole-wheat pastry
- Fruit salad**.....2.00

YOGURT PARFAIT

- Yogurt parfait with berries and muesli**.....1.80
Muesli, yogurt, berries
- Yogurt parfait with honey, muesli and seeds**.....1.80
Muesli, yogurt, honey, pumpkin seeds, cinnamon
- Muesli without gluten**.....2.00
Gluten-free muesli, yogurt, honey, cinnamon or berries
- Parfait with fresh fruits and honey**.....2.20
Yogurt, muesli, fresh fruits, honey, cranberries, seeds